



# Shelburne Sailing Academy at SHYC

## Director's Desk

With the adults in the rear view mirror, it's youth Learn to Sail on the front burner from here on in. The 2022 youth summer sessions, nine weeks worth, began on July 4, led by a fine group of young adult coaches. Whether new to coaching or veterans returning (because they realized coaching sailing is one of the best summer jobs on the planet), the most important feature among them beyond their skills is where they acquired those skills - right here at Shelburne Sailing Academy. We talk about a program that creates a virtuous cycle and we see it in action right here in 2022. **In the photo banner above, from left to right, Neve Pedro, Will Tipton, Head Coach Tatum Arcon, Lia Oikle, and Maryam Al Zahabi.** We wish them a great year and thank them for the hard work in preparation and all that's to come. If you see them around, be sure to say hello.

-Rob Stork

## New Opti-MASH is a Smash



Opti is the boat and MASH is Messing Around Shelburne Harbour. And that's just what happened this past Saturday. Designed by Tatum Arcon and Guy Tipton, the new weekly Saturday morning program, run by parents, introduces our mini-est members and tiniest of tots to the world of water and sailing. Is it working? The pictures don't lie.



*Clockwise from top left: Matt and Adele King, Mike and Ivy Dyer, Guy Tipton with dry land instruction, and Kate Turner and Jody Dyer enjoying a day (or at least a little time) off. Special thanks to coach, Neve Pedro for her help on day 1 of Opti-MASH.*

## Coach's Corner

This summer, we've restructured our program to provide our sailors with more closely monitored instruction to focus on each individual's sailing goals. With a maximum of 7 sailors each week in our Learn to Sail program, our coaches can each work with small groups to better concentrate on fundamental skills that need improvement or high performance drills to make them racer quality. This week we focused on tacking, the most important sailing skill, practicing the tack dance with coach Will. So far, we're getting great results and are seeing our athletes gain skills a lot faster than previous years.



Coach Maryam (Al-Zahabi) working with a future champion?

This week, our Wet Feet program was overseen by coach Maryam, who demonstrated an astounding amount of patience for and encouragement to our youngest sailors. Using fun games and scenarios, these sailors are slowly introduced to the sport through rudder waggling, proper sailing posture and boat balance. We have lots of space in our WetFeet program so if you know any 7-10 year olds, send them our way (bursaries are available for qualified students. See you by the water.

- Tatum Arcon

## Bursary Fund Update

After our story last month, many of you stepped up with donations to make the bursary fund even more robust. Indeed, at last count we have more weeks of sailing funded than we have students available to take advantage of it. Rest assured, any unused donations will remain dedicated to this purpose and banked for use next year. Meanwhile, if you think you know someone with a child who might be able to take advantage of the sailing lessons on offer, please let us know.

## Academy Race Team Readies for Sail East at Bay Wind



On Saturday and Sunday, July 16 & 17, Sail Canada's Sail East regional championship will once again take place during this year's Bay Wind regatta at St. Margaret Sailing Club. The SHYC Race Team will field at least two teams in the C420 class and a third if we can locate another such boat. Additional coaching staff will be on hand, as will Coaching Mentor, Guy Tipton and member Nick Williams, who will be there to compete in the Laser class events.



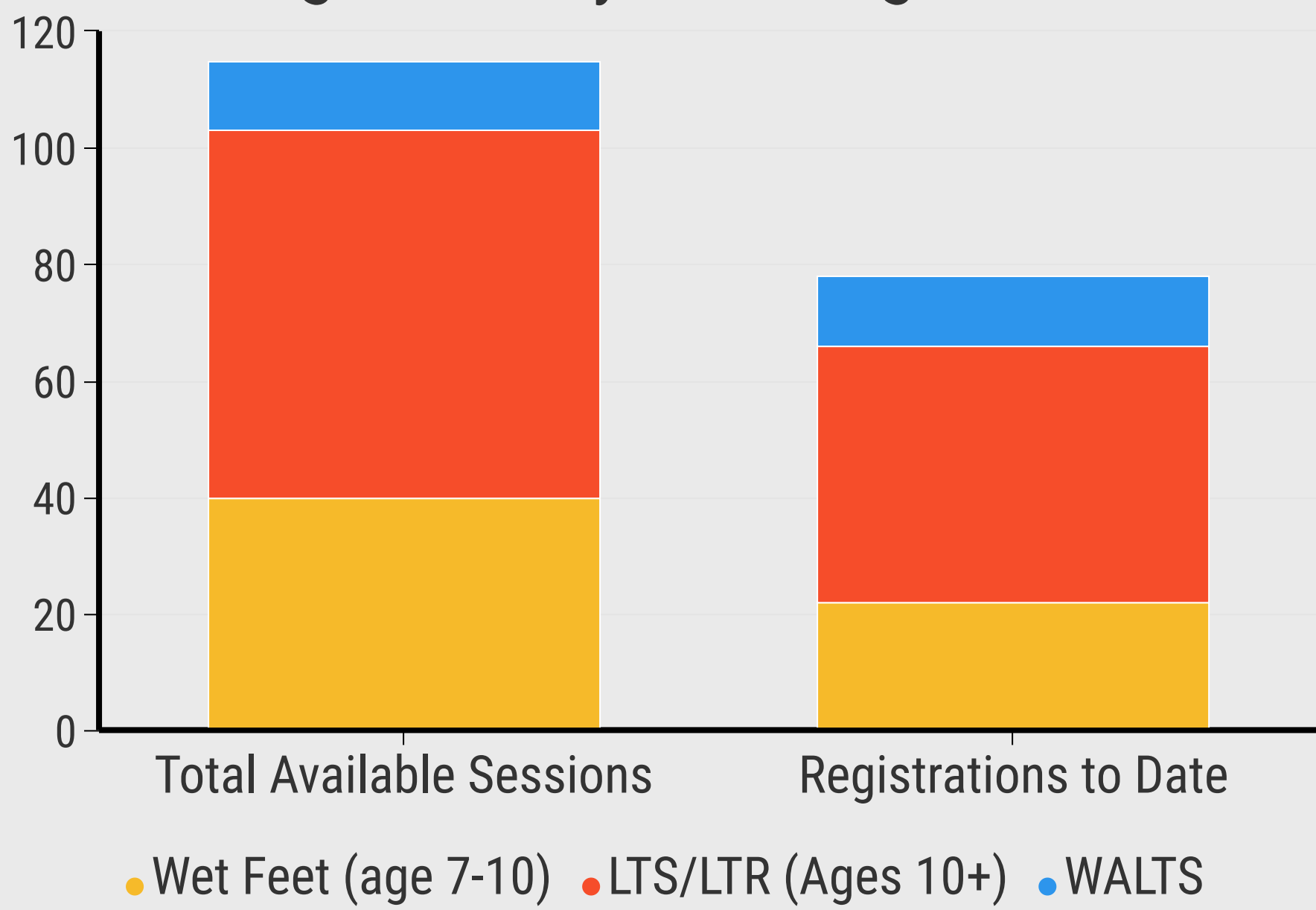
Will Tipton and Tate Harlow show tight spinnaker form on one of the SA's C420's.

## WALTS Posts Strong Finish and Video to Prove It

The Sailing Academy completed its 2nd of two Weekend Adult Learn to Sail intensives with a mini-regatta on July 3. You can get an up close and personal look because one of the students, Eko Raharjo, had a GoPro camera attached to his helmet. With a simple soundtrack underneath, the resulting video is a moving portrait of just what sailing and dinghy sailing in particular, feels like. You can find it at the top of the Shelburne Sailing Academy Facebook page. Thanks, Eko!

## By The Numbers

### Sailing Academy 2022 Registrations



**Note:** Registrations have leveled off and we anticipate the above levels to roughly reflect our season total. We may see somewhat of an uptick from students scheduled for one or two weeks who then wish to do more.

## Sailing Academy Operating Committee

Director Rob Stork  
Head Coach Tatum Arcon  
Coaching Mentor Guy Tipton  
Fleet Maintenance Henry Pedro  
SHYC Treasurer Alan Pulfrey\*  
SHYC Commodore Andy Blackmer\*  
\* Ex-Officio

The Sailing Academy at SHYC and the valuable work it does for our community is made possible by the efforts and expertise of many volunteers and the financial support of all the members of SHYC. We thank you.

-Rob Stork  
Director / SHYC Sailing Academy

